

## Swim Team Event Calendar

6/19/17	First day of swim team
7/21/17, 8am-10:30am	Swim meet #1
7/28/17	No practice
8/4/17, 8am-10:30am	Swim meet #2
8/21/17	No practice: Solar Eclipse
8/26/17	End of season swim team party
9/1/17	Last day of swim team for the summer

### Weather

If weather is questionable before practice, please call 307.413.1491 and there will be a voice message stating whether or not practice is cancelled for the day.

### Gear

Participants must have a team swimsuit, swim cap and goggles. These items can be purchased at Teton Pines through Chrissy. In an effort to make gear affordable, items are sold at cost. Please support our effort to make gear affordable and purchase suits, etc. through Chrissy.

### Swim meet information

Please bring: extra towels, warm clothes, goggles, swim cap, team suit, snacks and water. Swim meets usually last around three hours. Your child will be entered in events throughout that time period, therefore it is important to plan on participating for the duration of the swim meet.

Parent participation is required at all swim meets. Without your participation swim meets would not be possible. The specific jobs that we need parents for are race timing and ribbon distributing.

We have a fundraiser bake sale to raise money for the end of season party and the cost of ribbons. All families are required to bring one baked good item to the meets.

# TETON PINES SWIM MEET INFORMATION

## **Time & Date**

Please be aware your children need to be at the Teton Pines pool at 7:30am sharp on the day of the meet. The meet will last until approximately 11 am. I realize this is a large chunk of time but it is very important that all swimmers stay until the end. It is important to stay together like a team and support those team members who are in the water swimming just as you would hope others would support your child during their race.

## **Volunteers**

Parents: we need your help so that we can have a successful swim meet. We need timers and ribbon distributors to make it more memorable for your little people. We also need everyone to bring **one baked good item** to sell at the bake sale. It makes the meet fun and helps us pay for the entry fee at the rec. center swim meet.

## **Gear**

Your child will need: extra towels, warm clothes, goggles, swim cap, team swimsuit, sunscreen, water and snacks. If you need to purchase a team swim suit and swim cap, you may do so with Chrissy before the day of the meet.

## **Important points to know**

Every child will swim in every event. This meet is an easy, fun, not so serious, stress free meet. If your child is having anxiety about swimming a particular event please feel free to talk to me about it.

We swim youngest to oldest. Also, we have a category for each age group provided there are enough children to create a race for a particular age group. We start at age 6 and go up to age 15.

Boys swim first in an age group then girls will follow. Sometimes we combine boys and girls if there are not enough children for a particular race.

For popular events (freestyle & breaststroke) we have multiple heats or “races” for that specific event and age group.

Children 7 and under will only swim “25 yards” for their events except for the long free which will be “50 yards”. Children 8 and up will be swimming “50 yards” for all events except for the long free which will be “100 yards”.

Teton pines pool is approximately 20 yards in length, however I coach the swimmers as if it were a standard 25 yard pool. So please be aware that the pool is short and not actually a 25 or 50 yard swim that your child has completed. In an effort to keep matters simple and congruent with how U.S.S. swim meets operate, I run the meet as if it were a standard length pool.

# **LIST OF EVENTS**

**1. SHORT FREESTYLE**

**2. BUTTERFLY**

**3. BREAST STROKE**

**4. LONG FREESTYLE**

**5. BACK STROKE**

**6. INDIVIDUAL MEDLEY**

**7. FREESTYLE RELAY**

Thank you for your time and energy! This swim meet would not be possible with out your help.